

# Emerging Leaders Retreat

Facilitated by Julie Thorson

April 3-5  
2023

A concurrent program at the  
LeadingAge ME & NH  
Annual Conference



This leadership retreat will provide a self-reflective experience to learn more about yourself and uncover your potential.

Julie Thorson

Friendship Haven President/CEO and Head Coach

*LeadingAge*<sup>™</sup>  
Maine & New Hampshire  
*Educate. Collaborate. Inspire.*



# Emerging Leaders Retreat

*Learn about yourself to become a better leader.*

April 3-5, 2023

\*Concurrent program at the 2023 LeadingAge Maine & New Hampshire Conference & Expo  
Sheraton Sable Oaks - South Portland, ME

## **Overview:**

The Emerging Leaders Retreat is a guided, self-reflective experience for high-potential individuals to identify their natural talents and hone their authentic leadership style for the betterment of their team and organization.

## **Program Leader:**

Julie Thorson - President/CEO and Head Coach, Friendship Haven – Fort Dodge, IA

## **Learning Objectives:**

- Identify your dominant leadership personality
- Document your personal Mission, Vision and Values
- Develop your personal leadership plan

## **Program Length:**

12 hours of on-site instruction during the conference, plus an another 2-hour Zoom session in May (date TBD).

## **On-Site Schedule (inclusive of select conference sessions):**

Monday, April 3<sup>rd</sup>

4:00pm-7:00pm

Tuesday, April 4<sup>th</sup>

9:00am-5:00pm

Wednesday, April 5<sup>th</sup>

8:00am-3:00pm

## **Candidate Selection:**

To ensure maximum engagement, the retreat will be limited to 24 participants. Each LeadingAge Maine & New Hampshire member may name one candidate to the program (until the roster is full).

It is far more important for a candidate to demonstrate leadership potential within their organization than it is for them to carry a specific job title.

Candidates should currently manage people and demonstrate a sincere interest in self-discovery, advanced responsibility, and growth in the field of aging services.

We strive for a diverse cohort of candidates with a variety of backgrounds and perspectives, including but not limited to age, gender, race, and ethnic diversity.

**IMPORTANT!** The candidate's supervisor must sign a memorandum of understanding at the time of registration agreeing to:

- **The candidate's full attendance and undivided attention at the retreat as well as the May Zoom session (date TBD)**
- **Cover all incidental travel, outside meals or overnight accommodation expenses.**  
[Room block available at the Sheraton Sable Oaks for \$159/night]
- **Make payment in full by March 31**

## **Cost:**

\$799 - includes tuition and conference registration

## **Questions about the ideal candidate to send to the retreat?**

Contact Leadership Development Committee/Board Members Mark Latham [mlatham@taylorcommunity.org](mailto:mlatham@taylorcommunity.org) or David Urso [URSO@kah.kendal.org](mailto:URSO@kah.kendal.org)

## **Other questions?**

Contact Lisa Henderson [lhenderson@leadingagemenh.org](mailto:lhenderson@leadingagemenh.org)

**REGISTER YOUR ORGANIZATION'S EMERGING LEADER [HERE!](#)**

**Deadline: March 10<sup>th</sup>**