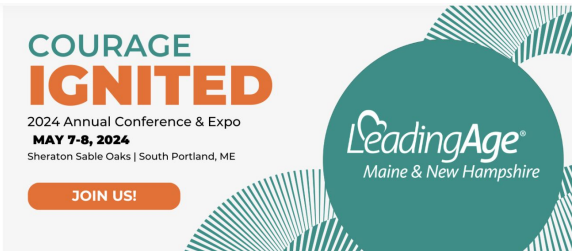


Future Forward: Dementia-Inclusivity The Power of Intention



Susan Wehry MD
Associate Clinical Professor
Director, AgingME: GWEP



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Thanks for being here
and for all you do

Towards a dementia- inclusive society

WHO toolkit
for dementia-friendly
initiatives (DFIs)



“We did the best with what we knew...
and when we knew better, we did better.”

--Maya Angelou

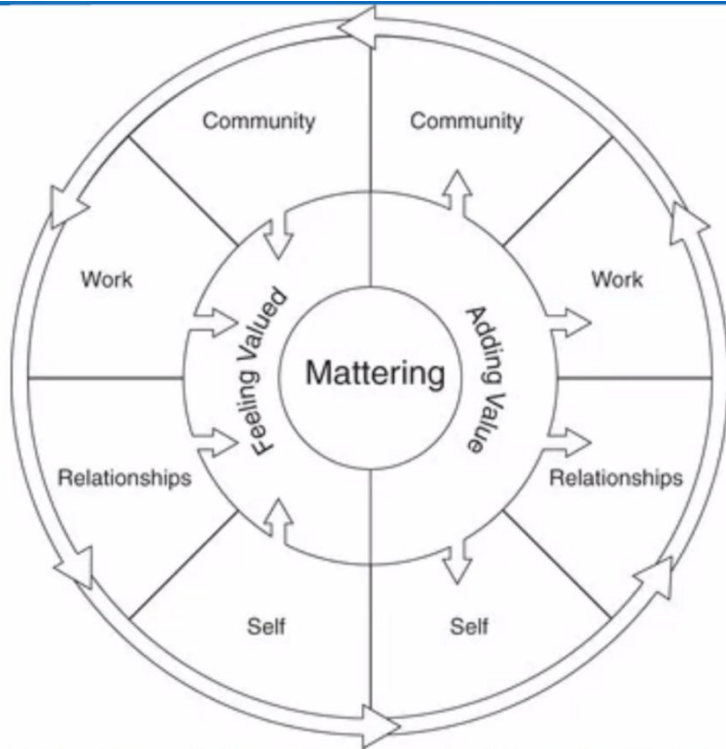
Becoming Dementia Inclusive

**What it Means,
Why it Matters,
How to Be It**

How does inclusion
feel to you?

What is a dementia inclusive society?

people with dementia
remain in, and are,
a significant part of their
community, experience no
stigma or discrimination,
enjoy respect, quality of life



Mattering = *feeling* valued and *adding* value

Feeling valued = inclusion and belonging
Adding value = purpose

Purpose, inclusion & belonging = better physical health, less anxiety & depression, longer life – 7.5 years longer!

Cambridge University Press, Understanding & Promoting Mattering Framework

Inclusion = Mattering

Bring to mind people —residents, family, friends— living with dementia

How do you feel when you bring them to mind?
How do you think about their cognitive changes?
How included do you imagine they feel?

Biomedical model

Signs
Symptoms
Challenges
Carepartners/givers
Treatments

What's wrong

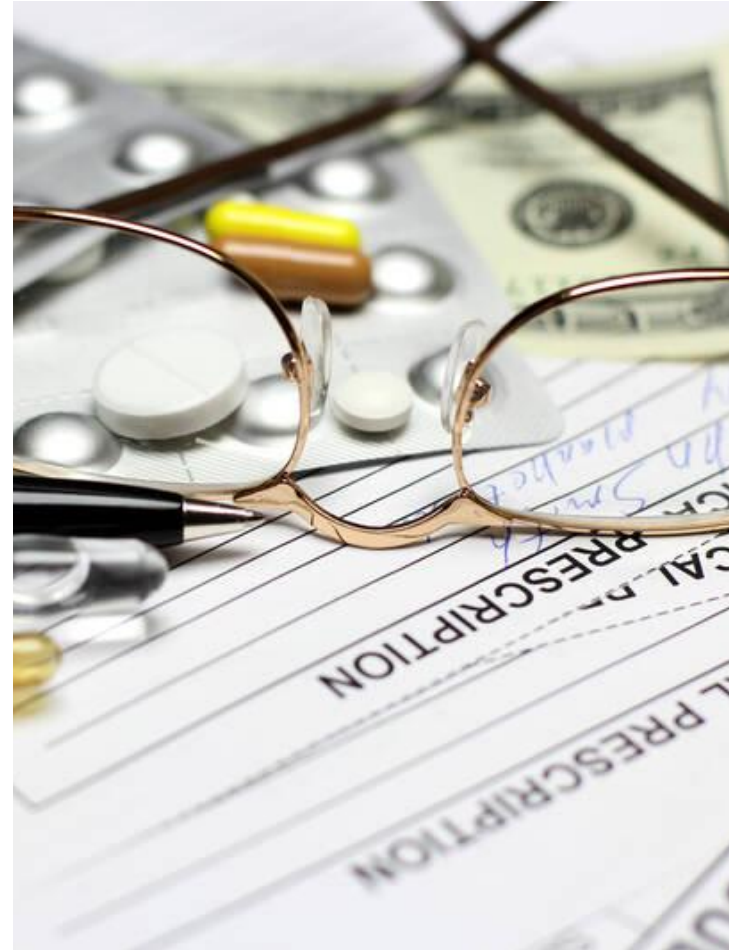
How can I help?

People with a *disease* are more likely...

Assessment

Medication

Plans of care focused on symptoms



Disability model

Support
Accomodations
Empowerment
Contributions

What's working

How can I include?

People with a *disability* are more likely...

Assessment, health promotion and remediation

Assistance with adaptation

Modifications and assistive technologies

Accommodations



Citizen Model

Relationality

Facilitated agency and autonomy

Confront stigma

Growth

citizenship as a practice,
being realised in
everyday situations and in
relationship to others

Citizen Model

Relationality

Facilitated agency and autonomy

Confront stigma

Growth

If seen as citizens rather than 'clients' or 'residents', people living with dementia in LTC facilities become equals within the community, contributing as much as they receive.

Relationship Model

“She’s part of the home, she’s part of the family and she enriches us in ways that are phenomenal sometimes.”

Citizens are more likely ...

Opportunity for growth

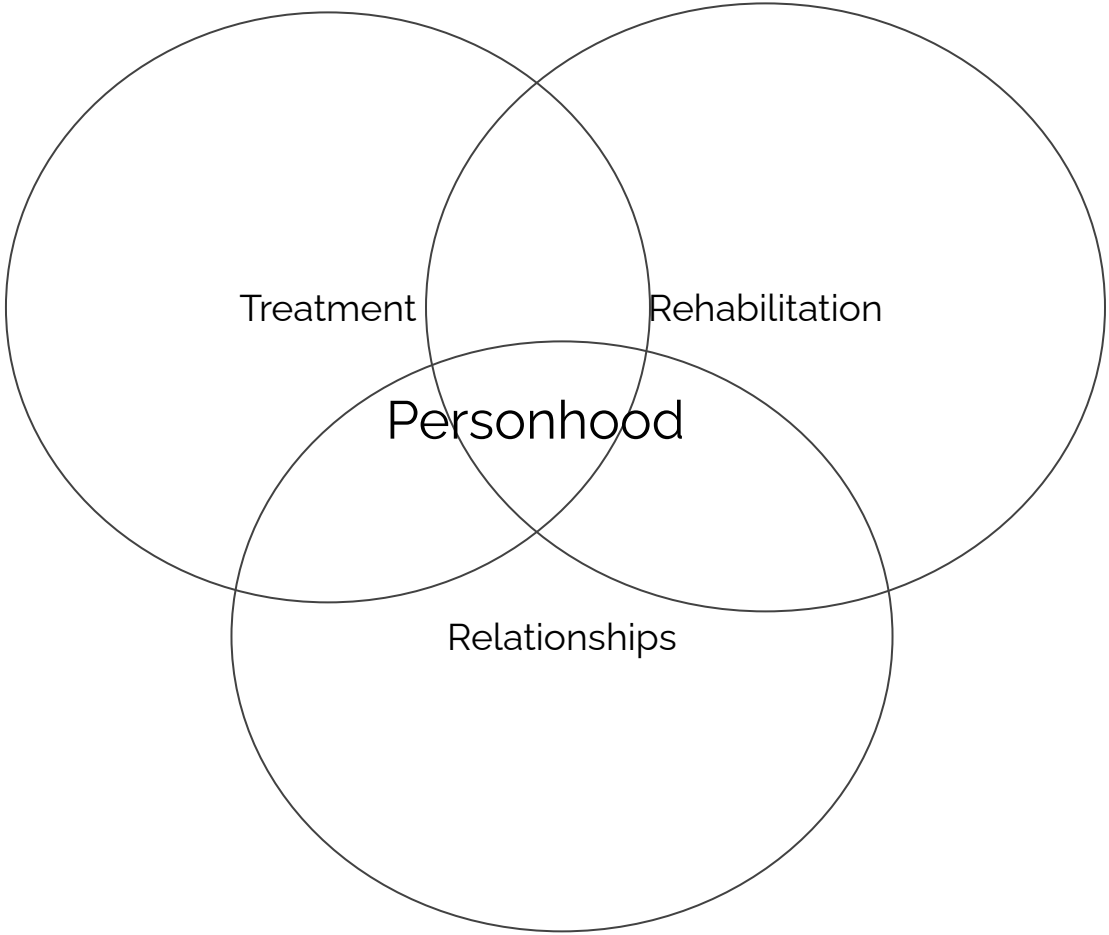
Contributing

Equals

Mattering

Included







**Reimagining
Dementia**

A Creative Coalition for Justice

**Towards
a dementia-
inclusive
society**

WHO toolkit
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World Health
Organization

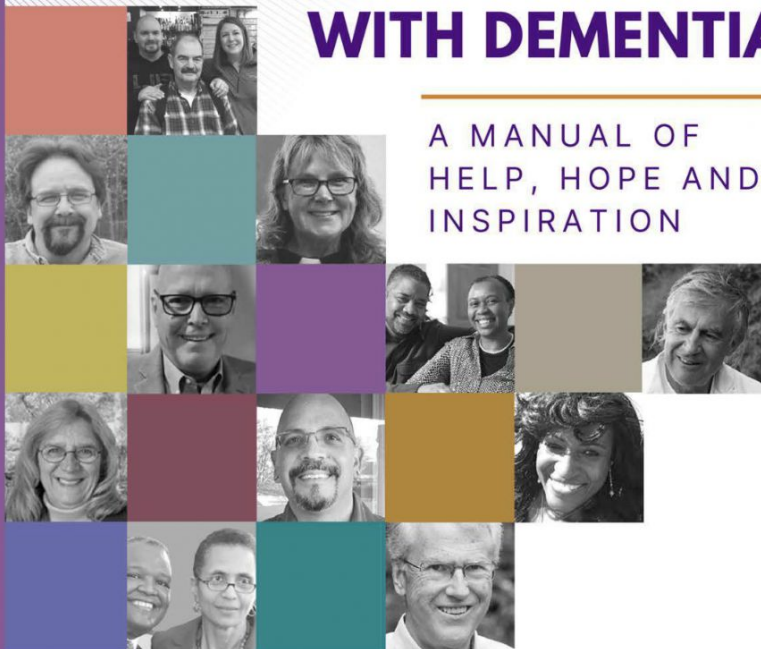


Research Project:
Optimal Engagement for
People Living with Dementia

Paradigm Shift: From cure to chronic disease management and living well with a disability

PATHWAYS TO WELL-BEING WITH DEMENTIA

A MANUAL OF
HELP, HOPE AND
INSPIRATION



Essential information by
people living with dementia,
care partners and leading
dementia specialists.

Developed by:



Dementia Action Alliance

Creating a better society in
which to live with dementia

What would it look like if...

We reframed and expanded our understanding of dementia

You were convinced that inclusion was better than segregation

You balanced negotiated risk and a safe supportive environment for all

You intentionally built a practice of inclusion

Practice Implications

Asking different questions

Strength-based care plans

Routine exercise

Engage occupational therapists

Adapt environment

Negotiating risk



Is Hogeweyk® the Future?

A community of citizens



Is it time for segregated units to go the way of the posey?

Being Dementia-Inclusive

**Start the
reimagining
conversation**

Walking Clubs

**Give voice
Foster
participation and
inclusion**

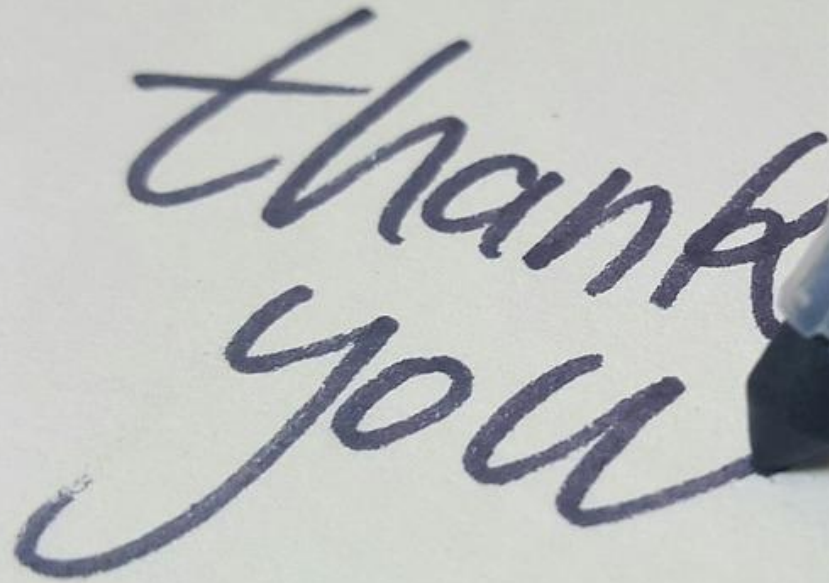
Thanks

For being here
For all you do

swehry@une.edu
FB @agingmegwep
in: [Susan Wehry MD](#)

LET'S

TALK



thank
you